

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property Organization International Bureau



(43) International Publication Date
17 June 2004 (17.06.2004)

PCT

(10) International Publication Number
WO 2004/049834 A1

(51) International Patent Classification⁷: **A23L 2/54**, (72) Inventor: O'CONNELL, John; Unilever PLC, Colworth House, Shambrook, Bedford, Bedfordshire MK44 1LQ (GB).

(21) International Application Number:

PCT/EP2003/012605

(74) Agent: HUGOT, Alain, Eric, Philippe; Unilever PLC, Patent Department, Colworth House, Shambrook, Bedford, Bedfordshire MK44 1LQ (GB).

(22) International Filing Date:

10 November 2003 (10.11.2003)

(25) Filing Language:

English

(26) Publication Language:

English

(30) Priority Data:
02258269.6 29 November 2002 (29.11.2002) EP

(71) Applicant (for AE, AG, AU, BB, BZ, CA, EG, GB, GD, GH, GM, IL, KE, LC, LS, MN, MW, NZ, OM, PG, SC, SD, SG, SL, TT, TZ, UG, VC, ZA, ZM, ZW, SZ, CY, IE only): UNILEVER PLC [GB/GB]; Unilever House, Blackfriars, London EC4P 4BQ (GB).

(71) Applicant (for AL, AM, AT, AZ, BA, BE, BF, BG, BJ, BR, CF, CG, CH, CI, CM, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, FR, GA, GE, GN, GQ, GR, GW, HR, HU, ID, IS, IT, JP, KG, KP, KR, KZ, LR, LT, LU, LV, MA, MC, MD, MG, MK, ML, MR, MX, MZ, NE, NI, NL, NO, PH, PL, PT, RO, RU, SE, SL, SR, SN, SY, TD, TG, TJ, TM, TN, TR, UA, UZ, VN, YU only): UNILEVER NV [NL/NL]; Weena 455, NL-3013 AL Rotterdam (NL).

(71) Applicant (for IN only): HINDUSTAN LEVER LIMITED [IN/IN]; Hindustan Lever House, 165/166 Buckbay Reclamation, Maharashtra, 400 020 Mumbai (IN).

(81) Designated States (national): AE, AG, AL, AM, AT (utility model), AT, AU, AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU, CZ (utility model), CZ, DE (utility model), DE, DK (utility model), DK, DM, DZ, EC, EE (utility model), EE, EG, ES, FI (utility model), FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, NZ, NO, NZ, OM, PG, PH, PL, PT (utility model), PT, RO, RU, SC, SD, SE, SG, SK (utility model), SK, SL, SY, TI, TM, TN, TR, TT, TZ, UA, UG, UZ, VC, VN, YU, ZA, ZM, ZW.

(84) Designated States (regional): ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TI, TM), European patent (AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HU, IE, IT, LU, MC, NL, PT, RO, SE, SI, SK, TR), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Published:

— with international search report

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.

(54) Title: BEVERAGE PRODUCT WITH MODIFIED STARCH AND NITROGEN

(57) Abstract: A beverage product comprises a container holding a liquid beverage component and nitrogen gas, said liquid beverage comprising octenylsuccinic acid modified starch, and at least one surface active agent selected from the group consisting of acyl lactylate salts, proteins, protein hydrolysates, sucrose esters and mixtures thereof.

WO 2004/049834 A1

BEVERAGE PRODUCT WITH MODIFIED STARCH AND NITROGEN

- 1 -

The present invention relates to beverage products and in particular of foaming beverage products.

5

There are many examples of foaming beverages which are produced by the use of inserts inside a pressurised can. In the United Kingdom many canned beers, stouts and lagers are sold in cans which contain a so-called "widget" which operates after the can 10 is opened to give a head on the drink which is said to be comparable to the head produced on draught drinks dispensed in bars. Examples of such widgets are described in GB-A-2183592, EP-A-360284, EP-A-577284, US-A-4996823, US-A-5009901, WO-A-9324384, WO-A-9504689. Examples of non-alcoholic pressurised 15 beverages which are pressurised with nitrous oxide and/or carbon dioxide are described in US-A-6403137 and GB-A-2299978. Beverages that are packaged in a closed container in the presence of carbon dioxide or nitrous oxide and nitrogen are described in EP-A-745329 and EP-A-1034703. Foaming cappuccino 20 coffee products can be made by adding to the coffee drink a creamer comprising protein, lipid and carrier and optionally a modified starch emulsifier or a surfactant as is described in US-A-6168819. Effervescent beverages which are intended to be dispensed directly into the mouth of the consumer are described 25 in WO-A-02070371 and WO-A-02070372.

A first aspect of the present invention provides a beverage product comprising a container holding a liquid beverage component and nitrogen gas, said liquid beverage comprising

- 2 -

octenylsuccinic acid modified starch, and at least one surface active agent selected from the group consisting of acyl lactylate salts, proteins, protein hydrolysates, sucrose esters and mixtures thereof.

5

The container should be of sufficient strength that it can hold the pressure of the nitrogen gas inside it and should be impermeable to nitrogen gas. The container may be made of metal e.g., aluminium or steel, a plastic material for example

10 polyethylene terephthalate or glass. The pressure of the gas in the head space within the container should preferably be in the range 2 to 6 bar at 5°C. The term "nitrogen gas" as used herein is intended to include pure nitrogen gas or gas mixtures that are predominantly comprised of nitrogen. Preferably the
15 nitrogen gas has a purity of >97%.

The liquid beverage component may be any consumable liquid.

Examples of suitable liquids include optionally flavoured water, optionally flavoured milk, fruit flavoured liquids, tea or tea

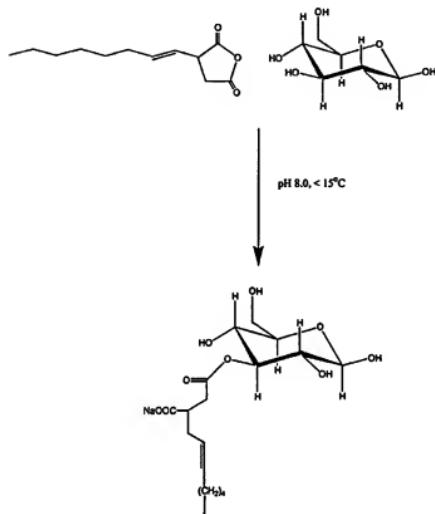
20 flavoured liquids, coffee or coffee flavoured liquids, chocolate, chocolate flavoured liquids, fruit smoothies or alcoholic or alcohol-free drinks such as cream liqueurs or cocktails.

25 The nitrogen gas may be introduced into the container in the form of liquid nitrogen.

The octenylsuccinic acid modified starch may be prepared by forming a covalent complex of a hydrophilic waxy maize starch

- 3 -

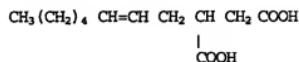
with an octenylsuccinic acid moiety preferably its anhydride. The production of the octenylsuccinic acid modified starch is shown in the reaction scheme below.



5

Preferably the octenylsuccinic acid is a carboxy substituted undecenoic acid of formula

10



ie 3-carboxy-undec-5-enoic acid

- 4 -

The percentage molar substitution of octenylsuccinic acid groups may be in the range of 1.9 to 3%, preferably around 2.2%. The molecular weight of the octenylsuccinic acid modified starch is preferably in excess of 100,000 kDa.

5

The octenylsuccinic acid modified starch preferably comprises 0.25 to 3.0% more preferably 0.75 to 1.5% by weight of the liquid beverage component. Suitable octenylsuccinate acid modified starch include those available from National Starch 10 under the trade names Purity 2000, Purity 1773, Purity 539 and N-Creamer 46. A particularly preferred octenylsuccinic acid modified starch is available commercially from National Starch under the trade name N-Creamer 46

15 The viscosity of the liquid beverage component is preferably in the order of 1.5 to 100 mPa.s⁻¹, more preferably 30 to 60 mPa.s⁻¹ under low shear conditions (0.15 s⁻¹) at 5°C.

20 The acyl moiety of the acyl lactylate salt preferably contains 8 to 16 preferably 10 to 14 more preferably around 12 carbon atoms. The acyl lactylate salt may be a sodium or calcium salt. Preferred acyl lactylate salts include calcium stearoyl lactylate and sodium stearoyl lactylate and mixtures thereof. The acyl lactylate salt preferably comprises 0.005 to 1 %, more 25 preferably 0.01 to 0.5% by weight of the liquid beverage.

Suitable proteins and protein hydrolysates are those containing or derived from milk for example caseinate salts such as sodium caseinate, whey protein isolates or milk protein hydrolysates.

- 5 -

The protein and/or protein hydrolysate preferably comprises 0.01 to 0.5 %, more preferably 0.1 to 0.3% by weight of the liquid beverage.

5 Sucrose esters are esters prepared from sucrose and fatty acids derived from edible fats and oils. Preferred sucrose esters are predominantly monoesters. The fatty acid moiety preferably contains 8 to 16 carbon atoms. Suitable fatty acids include caprylic acid, lauric acid, myristic acid, palmitic acid,
10 stearic acid and mixtures thereof. Suitable sucrose esters are commercially available from Ryoto under the trade names P-1570 (70% monoester with fatty acids derived from vegetable oils containing 70% palmitic acid) and M-1695 (80% monoester with fatty acids derived from vegetable oils containing 95% myristic
15 acid). The sucrose ester preferably comprises 0.02 to 0.4%, more preferably 0.05 to 0.3% of the liquid beverage.

In preferred beverage products of the present invention the surface active agent comprises an acyl lactylate salt either
20 alone or in combination with a sucrose ester, a protein or a protein hydrolysate.

The surface tension of the liquid beverage component should be in the order of 65 to 20 N.m⁻², more preferably 40-20 N.m⁻².

25 The beverages of the present invention may contain additional constituents. Examples of suitable additional constituents include:-

- 6 -

- (a) sweeteners for example natural sweeteners such as sugars (glucose, fructose, sucrose or corn syrup) or artificial sweeteners such as saccharin, aspartame or acesulfam.
- (b) Preservatives for example benzoate or sorbate salts
- 5 (c) Antioxidants for example ascorbic acid or salts thereof or tocopherols
- (d) Flavour enhancers for example maltol
- (e) Flavourings for example fruit flavours or vanilla
- (f) pH adjusting agents for example sodium bicarbonate
- 10 (g) viscosity adjusting agents for example propylene glycol alginate, carboxymethyl cellulose, high methoxy pectin, and/or gums such as guar gum

A second aspect of the present invention provides a method of
15 making a beverage product comprising a container holding a liquid beverage component and nitrogen gas, said liquid beverage comprising octenylsuccinic acid modified starch, and at least one surface active agent selected from the group consisting of acyl lactylate salts, proteins, protein hydrolysates and sucrose
20 esters and mixtures thereof, said method comprising the steps of:-

incorporating the octenylsuccinic acid modified starch and the at least one surface active agent into the liquid beverage,

25 placing the liquid beverage into the container,
adding sufficient liquid nitrogen to the container to provide a head space pressure of 2 to 6 bar at 5°C in the container after sealing, and
sealing the container.

- 7 -

The contents of the sealed container may be sterilised after sealing by the application of heat for example by pasteurisation or retorting. Alternatively the product may be subjected to
5 microfiltration or may be filled aseptically.

The present invention provides a beverage which is retained under pressure inside the container before the container is opened but when the nitrogen becomes supersaturated after the
10 container is opened, comes out of solution and forms a stable foam on top of the liquid beverage. Preferably the volume of foam does not exceed 20% of the volume of the liquid beverage. The amount of foam may be enhanced by the inclusion in the can of a widget though the use of a widget is not essential to
15 achieve the foaming provided by the present invention. In preferred beverage products of the present invention no widget is required. The presence of the foam on top of the dispensed liquid beverage provides a pleasant drinking experience (eg a pleasant taste and creamy mouthfeel) to the consumer as the
20 beverage is consumed. The product may be consumed straight from the container, poured into a drinking vessel for example glass or sprayed directly into the mouth of the consumer.

The invention will be illustrated by the following non-limiting
25 examples

- 8 -

Example 1

A milked tea beverage was made as described below.

- (1) Black tea leaf tea (0.6kg) was extracted with water (18L)
5 at 90 ± 1°C for 3 minutes. The infusion was then passed through a 20 mesh screen, followed by a 150 mesh screen and cooled to 20-30°C. The infusion was then clarified using a centrifuge.
- (2) Sugar (5.5kg) was dissolved in hot water (6L), sterilised
10 by UV treatment and added to the tea extract.
- (3) UHT-treated skimmed milk (10.6kg) was added to the resulting mixture
- (4) Sodium ascorbate (0.05kg) was dissolved in water (2L) and the solution added to the mixture.
- 15 (5) Water was added to a volume of 100L
- (6) The mixture was homogenised at 60-70°C @ 200 kgf.cm⁻² and heated to 85°C
- (7) Skimmed milk powder (1.106kg) was added and mixed at 13,500rpm for 2 minutes.
- 20 (8) Sodium stearoyl lactylate (0.5kg) was added and mixed at 13,500 rpm for 2 minutes
- (9) N-Creamer 46 modified starch (1kg - ex National Starch) was added and mixed at 13,500 rpm for 2 minutes at 65°C.
- (10) The mixture was cooled to 10°C and maltol (0.03kg) was
25 added
- (11) The mixture (<295ml) was filled into standard 330ml beverage cans and sufficient liquid nitrogen was injected into the cans to give a head space pressure of 3.5 ± 0.2 bar at 5°C. The cans were then rapidly sealed.

- 9 -

(12) The sealed cans were then retorted at 140°C for 5 minutes

The resulting beverage contained the following constituents

Constituent	Amount
Water	to 100%
UHT milk	10.60 %
Granulated sugar	5.5%
Tea solids	0.2%
Skimmed milk powder	1.16%
Tea flavour mix 06	0.16%
Sodium ascorbate	0.05%
Malitol	0.03%
N-Creamer 46	1.0%
Sodium stearoyl lactylate	0.5%

5

Example 2

A tea beverage was made as described below.

- (1) Leaf tea (0.65 kg) was extracted with water (90L) at 90 ± 10 1°C for 5 min. The infusion was then passed through 4 layers of muslin cloth and the temperature was held at 70°C.
- (2) Sodium bicarbonate (0.01 kg) was dissolved in the filtered infusion
- (3) Sugar (3.9 kg) was dissolved in the infusion at 70°C by stirring gently for 1 minute.
- (4) Caramel (0.1kg) was added to the infusion at 70°C
- (5) Sodium stearoyl lactylate (0.5kg) added and mixed at 13,500 rpm for 2 minutes

- 10 -

(6) N-Creamer 46 starch (1kg) added and mixed at 13,500 rpm for
2 minutes at 65°C

(7) The resulting solution was cooled to 10°C

(8) Maltol (0.03kg) was added

5 (9) Sodium ascorbate (0.05kg) was dissolved in water (2L) and
added to the mixture

(10) Tea aroma concentrate (2 kg) was added and the mixture was
made up to 100l with water.

(11) The beverage mixture (<295ml) was filled into standard
10 330ml aluminium cans

(12) Liquid nitrogen was injected in order to give a head space
pressure of 3.5 ± 0.2 bar at 5°C and the cans were sealed
rapidly.

(13) The mixture was then retorted at 140°C for 5 minutes.

15

The resulting beverage contained the following constituents

Constituents	Amount
Water	to 100%
Tea solids	0.21%
Sugar	3.9%
Tea aroma concentrate	2.0%
Sodium ascorbate	0.05%
Sodium bicarbonate	0.01%
N-creamer 46	1.0%
Sodium stearoyl lactylate	0.5%
Maltol	0.03%
Caramel	0.1%

- 11 -

Example 3

An Irish coffee-type beverage was made as described below.

- 5 (1) Water (81.2 kg) was heated to 75°C
- (2) Sugar (3.5kg) was added and completely dissolved at 70°C
- (3) A mixture of sodium stearoyl lactylate (0.05kg), calcium stearoyl lactylate (0.05kg) and sucrose monoesters (0.2kg) was added and mixed at 13,500 rpm at 70°C
- 10 (4) Skim milk powder (1.0kg) was added and mixed at 13,500 rpm at 70°C
- (5) N-Creamer 46 (1.0 kg) was added and mixed at 13,500 rpm at 70°C
- (6) Instant coffee powder (0.8 kg) was added and dissolved at 15 60°C
- (7) The mixture was cooled to ambient temperature and whiskey (12.2kg) was added
- (8) The beverage (<295ml) was placed in a standard aluminium can (330mL) and sufficient liquid nitrogen was added to give a head pressure of 3.5 ± 0.2 bar at 5°C and can was sealed rapidly. Note. The product was filled and nitrogenated under aseptic conditions.

The resulting beverage contained the following constituents

- 12 -

Constituent	Amount
water	to 100%
sugar	3.50%
Sodium stearoyl lactylate	0.05%
Calcium stearoyl lactylate	0.05%
Sucrose monoesters	0.20%
Skimmed milk powder	1.0%
N-creamer 46	1.0%
coffee	0.80%
whiskey	12.20%

Example 4

5 A raspberry flavoured smoothie type beverage was made as described below.

- (1) Water (90 kg) is heated to 75°C
- (2) Sugar (4 kg) is added and completely dissolved at 70°C
- 10 (3) Sodium stearoyl lactylate (0.5 kg) is added and mixed at 13,500 rpm at 70°C
- (4) Skim milk powder (1 kg) is added and mixed at 13,500 rpm at 70°C
- (5) N-Creamer 46 (1 kg) is added and mixed at 13,500 rpm at 70°C
- 15 (6) pH of solution is increased to pH 7.0 using 1.0M NaOH
- (7) Cooled to ambient temperature and raspberry juice(10 kg) is added. The pH of the solution is maintained at pH 6.5 with the addition of 1.0M NaOH

- 13 -

(8) The beverage (<295ml) was placed in a standard aluminium can (330ml) and a commercially available widget was placed in the can.

(9) Sufficient liquid nitrogen was added to give a head
5 pressure of 4 bar at 5°C and the can was sealed rapidly.

(10) The can was retorted at 121°C for 5min.

The resulting beverage contained the following constituents

10

Constituent	Amount
Water	to 100%
Raspberry juice	10%
Sugar	4%
N-creamer 46	1%
Sodium stearyl lactylate	0.5%
Skim milk powder	1%
Vanilla	0.05%

Example 5

A milked tea beverage was made as described below.

15

(1) Black tea leaf tea (0.6kg) was extracted with water (80L) at 90 ± 1°C for 3 minutes. The infusion was then passed through a 20 mesh screen, followed by a 150 mesh screen and cooled to 20-30°C. The infusion was then clarified using a
20 centrifuge.

- 14 -

- (2) Sugar (5.5kg) was dissolved in hot water (6L), sterilised by UV treatment and added to the tea extract.
- (3) UHT-treated skimmed milk (10.6kg) was added to the resulting mixture
- 5 (4) Sodium ascorbate (0.05kg) was dissolved in water (2L) and the solution added to the mixture.
- (5) Water was added to a volume of 90L
- (6) The mixture was homogenised at 60-70°C at 19.6kPa. [200 kgf.cm⁻²] and heated to 85°C
- 10 (7) Skimmed milk powder (1kg) was added and mixed at 13,500rpm for 2 minutes.
- (8) Sodium stearoyl lactylate (0.06kg) was added and mixed at 13,500 rpm for 2 minutes
- (9) N-Creamer 46 modified starch (1.25kg - ex National Starch) 15 was added and mixed at 13,500 rpm for 2 minutes at 65°C.
- (10) 0.2kg of milk protein hydrolysate (Hyfoama, ex. Quest) and dissolved thoroughly at 65°C
- (11) The resulting solution was cooled to 10°C and maltol (0.03kg) was added.
- 20 (12) The solution was made to 100L with water.
- (13) The mixture (<295ml) was filled into standard 330ml beverage cans and sufficient liquid nitrogen was injected into the cans to give a head space pressure of 3.5 ± 0.2 bar at 5°C. The cans were then rapidly sealed.
- 25 (14) The sealed cans were then retorted at 140°C for 5 minutes

The resulting beverage contained the following constituents

Constituent	% solids
Water	to 100%
UHT milk	10.60 %
Granulated sugar	5.5%
Sucrose esters (P1570)	0.1%
Hydrolysed milk protein (Hyfoama DS, Quest)	0.2%
Tea solids	0.2%
Skimmed milk powder	1%
Tea flavour mix 06	0.16%
Sodium ascorbate	0.05%
Maltol	0.03%
N-Creamer 46	1.25%
Sodium stearoyl lactylate	0.06%

5 Comparative Examples A and B

In a similar way to that described above in Example 3, samples of beverages which had the same constituents as Example 3 were prepared except that Comparative Example A did not contain any surface active agents and comparative Example B did not contain any octenylsuccinic acid modified starch. The products were stored at 5°C for 3 hours and were then opened and poured into a graduated glass vessel. The amount of foam generated as the beverage was poured was determined from the graduations on the glass vessel. The amount of foam expressed as a percentage of

- 16 -

the volume of foam present immediately after pouring was determined periodically for the beverage of Example 3 and for both of the Comparative Examples A and B. The results are shown in the Table below

5

	Example 3	Example A	Example B
Foam volume	6.34%	6.66%	7.93%
Time (minutes)		Foam volume as % of volume at t_0	
2.5	100	100	100
5	100	75	100
10	100	50	60
15	100	50	44
20	100	50	20
30	95	40	20
40	90	35	12
60	90	25	8

From the Table it can be seen that the foam generated from
10 Example 3 lasts considerably longer than the foam generated from either of the Comparative Examples.

- 17 -

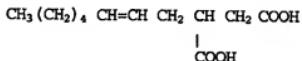
CLAIMS

5 1) A beverage product comprising a container holding a liquid beverage component and nitrogen gas, said liquid beverage comprising octenylsuccinic acid modified starch, and at least one surface active agent selected from the group consisting of acyl lactylate salts, proteins, protein hydrolysates, sucrose esters and mixtures thereof.

10 2) A beverage product as claimed in claim 1 wherein the pressure of nitrogen in the head space of the container is in the range 2 to 6 bar at 5°C.

15 3) A beverage product as claimed in either of the preceding claims wherein the octenylsuccinic acid modified starch is prepared by forming a covalent complex of a hydrophilic waxy maize starch with an octenylsuccinic acid moiety

20 4) A beverage product as claimed in claim 3 wherein the octenylsuccinic acid is a carboxy substituted undecenoic acid of formula



- 18 -

- 5) A beverage product as claimed in any one of the preceding claims wherein the percentage molar substitution of octenylsuccinic acid groups in the range of 1.9 to 3%.
- 5 6) A beverage product as claimed in any one of the preceding claims wherein molecular weight of the octenylsuccinic acid modified starch is in excess of 100,000 kDa.
- 10 7) A beverage product as claimed in any one of the preceding claims wherein the octenylsuccinic acid modified starch comprises 0.25 to 3.0% by weight of the liquid beverage component.
- 15 8) A beverage product as claimed in any one of the preceding claims wherein the acyl moiety of the acyl lactylate contains 8 to 16 carbon atoms.
- 9) A beverage product as claimed in any one of the preceding claims wherein the acyl lactylate salt is a sodium or calcium salt
- 20 10) A beverage product as claimed in any one of the preceding claims wherein the acyl lactylate salt is calcium stearoyl lactylate, sodium stearoyl lactylate or mixtures thereof.
- 25 11) A beverage product as claimed in any one of the preceding claims wherein the acyl lactylate salt comprises 0.005 to 1% by weight of the liquid beverage.

- 19 -

12) A beverage product as claimed in any one of the preceding claims wherein the proteins and protein hydrolysates are those contained in or derived from milk.

5

13) A beverage product as claimed in any one of the preceding claims wherein the proteins and protein hydrolysates are selected from sodium caseinate, whey protein isolates or milk protein hydrolysates

10

14) A beverage product as claimed in any one of the preceding claims wherein the sucrose ester is predominantly a monoester.

15

15) A beverage product as claimed in any one of the preceding claims wherein the sucrose ester is prepared from sucrose and fatty acids derived from edible fats and oils, said fatty acids containing 8 to 16 carbon atoms

20

16) A beverage product as claimed in claim 20 wherein the fatty acid is caprylic acid, lauric acid, myristic acid, palmitic acid, stearic acid or mixtures thereof

25

17) A beverage product as claimed in any one of the preceding claims wherein the sucrose ester comprises 0.02 to 0.4% by weight of the liquid beverage.

- 20 -

18) A beverage product as claimed in any preceding claim wherein
the container also includes a widget.

19) A method of making a beverage product comprising a container
5 holding a liquid beverage component and nitrogen gas, said
liquid beverage comprising octenylsuccinic acid modified
starch, and at least one surface active agent selected from
the group consisting of acyl lactylate salts, proteins,
proteinhydrolysates and sucrose esters and mixtures thereof,
10 said method comprising the steps of:-

incorporating the octenylsuccinic acid modified
starch and the at least one surface active agent into the
liquid beverage,

15 placing the liquid beverage into the container,
adding sufficient liquid nitrogen to the container to
provide a head space pressure of 2 to 6 bar in the
container after sealing, and
sealing the container.

INTERNATIONAL SEARCH REPORT

International application No
PCT/EP 03/12605

A. CLASSIFICATION OF SUBJECT MATTER
IPC 7 A23L2/54 A23C9/152 A23F3/00 A23F5/24

According to international Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC 7 A23L A23C A23F

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the International search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, FSTA, CHEM ABS Data

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US 6 180 159 B1 (BUTTERBAUGH JEFFREY LEE ET AL) 30 January 2001 (2001-01-30) column 10, line 65 – line 67; claim 7	1-25
A	QU Z H ET AL: "STARCH-BASED INGREDIENTS FOR FLAVOR ENCAPSULATION" CEREAL FOODS WORLD, AMERICAN ASSOCIATION OF CEREAL CHEMISTS, ST. PAUL, MN, US, vol. 44, no. 7, July 1999 (1999-07), pages 460-465, XP009005508 ISSN: 0146-6283 page 462, column 3 -page 464, column 1 ---	1-25

Further documents are listed in the continuation of box C.

Patent family members are listed in annex.

* Special categories of cited documents :

- *A* document defining the general state of the art which is not considered to be of particular relevance
- *E* earlier document but published on or after the international filing date
- *L* document which may throw doubts on priority claim(s) or which may be used to establish the publication date of another citation or other special reason (as specified)
- *O* document referring to an oral disclosure, use, exhibition or other means
- *P* document published prior to the international filing date but later than the priority date claimed

- *T* later document published after the international filing date or priority date and not in conflict with the application but used to understand the principle or theory underlying the invention
- *X* document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
- *Y* document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.
- *Z* document member of the same patent family

Date of the actual completion of the international search

Date of mailing of the international search report

1 March 2004

19/03/2004

Name and mailing address of the ISA

European Patent Office, P.B. 5818 Patentlan 2
NL-2280 HV Rijswijk
Tel. (+31-70) 340-2040, Tx. 31 651 epo nl,
Fax: (+31-70) 340-3016

Authorized officer

Groh, B

INTERNATIONAL SEARCH REPORT

International Application No.
PCT/EP 03/12605

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	<p>WEBER W: "GANZ IM SINNE DER VERBRAUCHER FORTSCHRITTE AUF DEM GEBIET DER SPEZIALSTAERKEN" LEBENSMITTELTECHNIK, HAMBURG, DE, vol. 29, no. 4, 1997, page 36 XP000971417 ISSN: 0047-4290 claims 2,3</p> <p>-----</p>	1-25

INTERNATIONAL SEARCH REPORT

Information on patent family members

International application No

PCT/EP 03/12605

Patent document cited in search report		Publication date	Patent family member(s)	Publication date
US 6180159	B1	30-01-2001	US 6290997 B1	18-09-2001
			US 2002037353 A1	28-03-2002
			AT 207706 T	15-11-2001
			AU 2485399 A	16-08-1999
			BR 9907989 A	05-02-2002
			CA 2319090 A1	05-08-1999
			CN 1114368 B	16-07-2003
			DE 69900412 D1	06-12-2001
			DE 69900412 T2	18-07-2002
			EP 1051082 A2	15-11-2000
			JP 2002501733 T	22-01-2002
			WO 9938393 A2	05-08-1999

(19) World Intellectual Property
Organization
International Bureau



(43) International Publication Date
8 July 2004 (08.07.2004)

PCT

(10) International Publication Number
WO 2004/056207 A1

(51) International Patent Classification⁷: **A23L 1/305**

VLAARDINGEN, Olivier van Noortlaan120, NL-3133

(21) International Application Number:
PCT/EP2003/012030

AT Vlaardingen (NL). PARMAR, Preyesh (GB/GB);

(22) International Filing Date: 29 October 2003 (29.10.2003)

UNILEVER R & D COLWORTH, Colworth House,

(25) Filing Language: English

Bedford, Sharnbrook, Bedfordshire MK44 1LQ (GB).

(26) Publication Language: English

QUINLAN, Paul, Thomas (GB/GB); UNILEVER R & D COLWORTH, Colworth House, Bedford, Sharn-

(30) Priority Data:
02258932.9 20 December 2002 (20.12.2002) EP

brook, Bedfordshire MK44 1LQ (GB). TASKER, Maria,

(71) Applicant (for AL, AM, AT, AZ, BA, BE, BF, BG, BJ, BR, BY, CF, CG, CH, CI, CM, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, FR, GA, GE, GN, GQ, GR, GW, HR, HU, ID, IS, IT, JP, KG, KP, KR, KZ, LR, LT, LU, LY, MA, MC, MD, MG, MK, ML, MR, MX, MZ, NE, NI, NL, NO, PH, PL, PT, RO, RU, SE, SI, SK, SN, SY, TD, TG, TI, TM, TN, TR, UA, UZ, VN, YU only): UNILEVER N.V. [NL/NL]; UNILEVER N.V., Weena 455, NL-3013 AL Rotterdam (NL).

Catherine (GB/NL); UNILEVER R & D VLAARDIN-

(71) Applicant (for AE, AG, AU, BB, BZ, CA, CY, EG, GB, GD, GH, GM, IE, IL, KE, LC, LK, LS, MN, MW, NZ, OM, PG, SC, SD, SG, SL, SZ, TT, TZ, UG, VC, ZA, ZM, ZW only): UNILEVER PLC [GB/GB]; UNILEVER HOUSE, Blackfriars, London, Greater London EC4P 4BQ (GB).

GEN, Olivier van Noortlaan 120, NL-3133 AT Vlaardingen (NL).

(71) Applicant (for IN only): HINDUSTAN LEVER LIMITED [IN/IN]; Hindustan Lever House, 165/166 Backbay Reclamation, Maharashtra, 400 020 Mumbai (IN).

(81) Designated States (national): AE, AG, AL, AM, AT, AU,

(72) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU,

(71) Applicant (for IN only): HINDUSTAN LEVER LIMITED [IN/IN]; Hindustan Lever House, 165/166 Backbay Reclamation, Maharashtra, 400 020 Mumbai (IN).

CZ, DE, DK, DM, DZ, EC, EE, EG, ES, FI, GB, GD, GE,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

MN, MW, MX, MZ, NI, NO, NZ, OM, PG, PH, PL, PT,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

RO, RU, SC, SD, SE, SG, SK, SL, SY, TI, TM, TN, TR,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

TT, TZ, UA, UG, US, UZ, VC, VN, YU, ZA, ZM, ZW.

(84) Designated States (regional): ARIPO patent (GH, GM,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW),

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM),

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

European patent (AT, BE, BG, CH, CY, CZ, DE, DK, EE,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

ES, FI, FR, GB, GR, HU, IE, IT, LU, MC, NL, PT, RO,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

SE, SI, SK, TR), OAPI patent (BF, BJ, CF, CG, CI, CM,

(71) Inventors; and
(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Published:

— with international search report

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.

(54) Title: BLOOD GLUCOSE REGULATING COMPOSITION

(57) Abstract: The invention provides the use of a whey protein hydrolysate in an edible composition the whey protein hydrolysate being able to induce the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues, wherein the whey protein hydrolysate regulates blood glucose levels or results in, or is used for, improving or preventing decline in mental performance and/or for providing a sustained feeling of energy and/or for maintaining or providing a feeling of well-being during the post-prandial period in a subject consuming the composition.

WO 2004/056207 A1

BLOOD GLUCOSE REGULATING COMPOSITION

FIELD OF THE INVENTION

The present invention relates to the use of certain whey
5 protein hydrolysates in the preparation of an edible
composition for the regulation of blood glucose levels in
humans or animals, in particular to provide for sustained
energy levels or release.

10

BACKGROUND OF THE INVENTION

The regulation of blood glucose levels is important for people
who suffer from diabetes as well as for those who do not.

15 It is well known that the levels of glucose in the blood change
with the time elapsed after food has been eaten, and, that
these changes in blood glucose levels have marked effect upon
the way that a subject feels. When blood glucose is elevated
relative to normal fasting levels, the subject may feel more
20 energetic and vitalised. However when the blood glucose levels
fall below fasting level, the subject is more likely to feel
irritable and fatigued, and will generally be less energetic
and/or mentally alert and will generally be less productive.
This drop in blood glucose levels is referred to as being
25 hypoglycaemic.

It is therefore, beneficial for the subject if the blood
glucose levels can be kept relatively constant over time, or at
least, not be subject to sudden and significant changes. This
30 is also referred to in the art as maintaining glycemic control.
In a normal subject eating a healthy diet insulin accurately
regulates blood glucose levels. However, a sedentary lifestyle,
increased body weight and/or diet factors may lead to disturbed

glycaemic control. Diets high in carbohydrates may cause rapid and high glucose peaks.

The glycaemic index (GI) is one physiologic basis for
5 classifying carbohydrate-containing foods with the same amount of available carbohydrates. The glycaemic index is defined as the incremental area under the blood glucose response curve of a 50g carbohydrate portion of a test food expressed as a percent of the response to the same amount of carbohydrate from
10 a standard food taken by the same subject (Definition given by the FAO/WHO Expert Consultation, 1997).

The higher the value on the glycaemic index, the less 'healthy'
in terms of controlling blood glucose levels the carbohydrate
15 is currently, generally, considered to be. Many foods have a high glycaemic index value and so will cause a rapid, and generally significant, appearance of glucose in the blood. The glycaemic value of foods is determined by the type and amount of carbohydrate and generally increased by processing or
20 refining.

It is known, for example from "The development of glucagon-like-peptide-1 pharmaceuticals as therapeutic agents for the treatment of diabetes" by D.Drucker, published in Current
25 Pharmaceutical Design, 2001, 7, 1399-1412 and from "Determinants of the effectiveness of glucagon-like-peptide-1 in type 2 diabetes" by Toft-Nielsen et al, published J Clin Endocrinol Metab, 2001, Aug, 86(8):3853 that GLP-1 is released from gut endocrine cells following nutrient ingestion and that
30 exogenous administration of GLP-1 lowers blood glucose in normal subjects and in patients with type 2 diabetes.

In the article "Effect of 6-week course of glucagon-like-peptide-1 on glycaemic control, insulin sensitivity and β -cell function in type 2 diabetes" by Zander et al, published in The Lancet, vol 359, March 9, 2002 it is reported that GLP-1 may be given directly to patients to treat type 2 diabetes as such patients have lower levels of secretion of GLP-1 than is normal.

WO 01/37850 discloses compositions comprising a partially purified non-whey milk protein hydrolysate which is enriched in caseino-glycomacropeptide, inducing the release of glucagon-like-peptide 1 (GLP-1) which can be used to treat diabetes. It is also disclosed in WO 01/37850 that proglucagon, synthesised by L-cells found in the distal ileum and colon, is known to be post-translationally processed into peptides including glucagon-like peptide- I (GLP- 1), a potent insulin secretagogue. In addition to potentiating glucose-induced insulin secretion, GLP- I is known to stimulate proinsulin gene expression and proinsulin biosynthesis.

Other actions of GLP-1 include inhibition of glucagon secretion and gastric motility (emptying). GLP-1 can bind to GLP-1R receptors in the brain, promoting satiety and suppressing food intake. Increasing insulin sensitivity is a key goal in the treatment of Type 2 diabetes and stimulation of endogenous release of GLP-1 is a potential alternative to intravenous administration.

US 6,207,638 and US 2002/0019334 disclose nutritional compositions stimulating the release of CCK. The composition comprise a) a protein selected from casein, whey and soy, b) a glycomacropeptide, c) a long chain fatty acid, and d) soluble and insoluble fibers. Whey protein hydrolysates are not

disclosed. The compositions may be used to help people with type II diabetes maintain glycemic control and extend satiety. In US 2001/0021694, from the same inventor there are disclosed compositions which are used to help people with type 2 diabetes 5 maintain glycemic control, the compositions comprising casein (glyco)macropeptide or a hydrolysis product thereof.

)
WO 02/15719 discloses nutritional compositions comprising whey proteins which may be at least in part hydrolysed. The 10 inclusion of the whey protein hydrolysates is stated to result in reduced satiety effects from the compositions. The nutritional compositions are intended for people suffering from reduced appetite such as those convalescing and anorexia sufferers. There is no disclosure of the control of blood glucose 15 or of the treatment of individuals suffering from diabetes.

WO 01/85984 (Davisco Foods International, Inc) discloses whey protein hydrolysates having an increased ACE- suppressing activity in mammals. There is no disclosure of the control of 20 blood glucose levels or of the treatment of individuals suffering from diabetes.

US 2002/0037830 discloses the use of a whey protein hydrolysate in the preparation of an additive for use as an energy 25 supplement or metabolic nutrient.

Aoyama et al in the paper "Effect of soy and milk whey protein isolates and their hydrolysates on weight reduction in genetically obese mice", Biosci, Biotechnol, Biochem., 64(12), 30 2594-2600, 2000 discuss the effect on genetically obese mice of a milk whey protein isolate and its hydrolysates. The isolates and hydrolysates were found to be less effective than soy proteins.

JP 04 149139 discloses hypoglycaemic agents obtained by the enzymic hydrolysis of milk protein for treating diabetes where blood sugar level is controlled.

5 EP-A-629 350 discloses the use of cow's milk protein hydrolysates which are substantially free of allergenic proteins for the prophylaxis or treatment of type 1 diabetes mellitus in children.

10 Powders to produce drinks comprising β -lactoglobulin and α -lactalbumin, and drinks produced therefrom, are known for blood pressure lowering applications. A powder produced by Davisco Foods International (Minnesota, USA) comprises 20 g of β -lactoglobulin and α -lactalbumin, 1 g of fat and 6 g of

15 carbohydrate per 30 g of powdered product. The powders can be mixed with water or milk to produce the drink. No disclosure is made of use in blood glucose control or diabetes applications. The powders and drinks provide over 55% of the total calories in the powder or drink (when made with water or

20 cows milk) from the protein content.

Whey based energy drinks are also known in the art. Designer Whey Protein Blast drinks (ex Next Proteins, California, USA) comprise β -lactoglobulin and α -lactalbumin and are used as food supplements for building muscle mass. The drinks comprise very low levels of carbohydrates and no fat and thus the calories are provided predominantly from the protein. A bottle of 20 American ounces (about 600 ml) of the drink comprises no fat, 1g carbohydrate and 17g protein.

30

However, despite the above developments, there is still a need in the art for edible (nutritional or therapeutic) compositions

which may be administered orally, preferably as a food composition, and which can be used for the regulation of blood glucose levels in humans or animals. In particular there is a need for such compositions which have improved efficacy over the
5 known treatment compositions or which are derived from additional sources, or, which are in a more convenient form for a subject to take. Furthermore, there is a need for such compositions which can be used as part of a normal, daily, diet. In particular,
there is a need for compositions that can be used as meal
10 replacement products or snack foods.

There is also a need to provide such edible compositions that have an acceptable taste e.g. the compositions are not too sweet or too bitter and can easily be formulated into edible
15 compositions as well as providing the above effects.

The present invention seeks to address one or more of the above-mentioned problems.

20 Recognising the demand for efficient and convenient products to be used in the regulation of blood glucose levels, research has been carried out by the inventors to find compounds that are effective in these applications and which can be used in edible compositions, especially food compositions of the type eaten in a
25 typical diet.

In particular, it is an object of the invention to provide edible compositions that can be used in the regulation of blood glucose levels to provide beneficial effects in the feeling of
30 energy, well being or mood.

It is also an object of the invention to provide edible compositions that exhibit greater efficacy in the regulation of blood glucose levels than conventional edible compositions.

5 It is also an object of the invention to provide such compositions which are in a convenient form for consumers and which have acceptable taste and which can be consumed as part of a normal daily diet and which are not only available in 'medicament' form.

10

SUMMARY OF THE INVENTION

Surprisingly, it has now been found that whey protein hydrolysates (WPH) that stimulate the cellular release of GLP-1 and CCK and/or increase glucose uptake in target tissues are 15 especially suitable for use in the regulation of blood glucose levels.

Without wishing to be bound by theory, it is believed that because these WPH stimulate the cellular release of more than 20 one peptide, one of which is involved in controlling the levels of glucose (GLP-1) in the blood and the other which is involved in digestion (CCK) they are particularly effective. Moreover both GLP-1 and CCK slow down gastric emptying directly leading to a 'slowing-down' of glucose absorption into the blood.

25

Furthermore, there is a direct stimulatory effect of the WPH on glucose uptake in target tissues such as muscles, liver and fat cells, possibly by increasing insulin sensitivity. In particular it has been found that better glycaemic control is 30 achieved which results in reduced peak hyperglycaemic response and/or in reduced variability in glucose response and/or in prolonged post-prandial glucose. In other words, the glycaemic response is extended.

It has also been found that the WPH of the invention exhibit an increased level of induced cellular GLP, especially GLP-1, release at a given concentration than do other milk proteins,
5 milk protein hydrolysates or non-hydrolysed whey proteins.

According to a first aspect, the present invention provides the use of a whey protein hydrolysate in an edible composition the whey protein hydrolysate being able to induce the cellular
10 release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues, wherein the whey protein hydrolysate regulates blood glucose levels or results in, or is used for, improving or preventing decline in mental performance and/or for providing a sustained feeling of energy
15 and/or for maintaining or providing a feeling of well-being during the post-prandial period in a subject consuming the composition.

According to a second aspect, the present invention provides a method of regulating blood glucose levels, improving or preventing decline in mental performance, providing a sustained feeling of energy or maintaining or providing a feeling of well-being during the post-prandial period, which method comprises the step of orally administering to a subject by
25 means of an edible composition an effective amount of a whey protein hydrolysate which is capable of inducing the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues.

30 By "improving or preventing a decline in mental performance" as referred to herein is meant that a subject exhibits or experiences an actual or perceived positive effect on performance in mental tasks in the post-prandial period after

consuming a composition comprising the claimed whey protein hydrolysates.

By "a sustained feeling of energy" as referred to herein is meant that a subject exhibits or experiences an actual or perceived effect of feeling energetic in the post-prandial period after consuming a composition comprising the claimed whey protein hydrolysates.

10 By a "feeling of wellbeing" as used herein is meant that a subject exhibits or experiences an actual or perceived feeling of being in a good mood in the post-prandial period after consuming a composition comprising the claimed whey protein hydrolysates.

15 A "flowable" product as referred to herein is a liquid, semi-liquid, powdered or particulate product which when poured with or without the application of pressure flows out of a container even if the product does not flow out in a continuous stream as 20 may occur with semi-liquid, powdered or particulate products. The term does not include products which are in one piece as these are not capable of flowing out of a container, nor, products which are eaten in a physical state which does not flow such as ice-cream.

25 The liquid or flowable edible compositions of the invention are effective in the control of blood glucose levels and have acceptable sensory properties (such as acceptable taste) and have a good balance of the level of whey protein hydrolysate 30 used and the level of calories in the product obtained from protein.

The preferred whey protein hydrolysates according to both aspects of the invention comprise hydrolysates of β -lactoglobulin, α -lactalbumin or a mixture thereof.

5 The use of the WPH which induce the cellular release of both CCK and GLP and/or increase glucose uptake in target tissues, in the preparation of edible compositions to be used in the regulation of blood glucose levels has the advantages that it provides compositions which are effective for these purposes, which can be
10 administered orally and which have acceptable taste, and which can conveniently be used as a part of a daily diet. Moreover, for the WPH which induce the cellular release of both CCK and GLP, the effect is advantageous when compared to the effect obtained
15 from the consumption of a product that comprises WPH which only induce the release of either CCK or GLP. It is believed that the combined release (either simultaneously or stepwise) of these two peptides results in an more effective control of blood glucose levels. Furthermore this is believed to result in a direct stimulatory effect of upon glucose uptake in target tissues such
20 as muscles, liver and fat cells.

Without wishing to be bound by theory, it is believed that the good regulation of blood glucose levels achieved by the invention occurs because of one or more of the following:

25 - the whey protein hydrolysates are capable of inducing the cellular release of both glucagon-like-peptides and cholecystokinins. This is believed to result in slower gastric emptying which in turn slows down the absorption of glucose into the blood stream which results in better glycaemic control as the
30 blood glucose level is more constant over time, or

- the WPH above, because of the stimulation of GLP release, stimulate insulin secretion from pancreatic β -cells resulting in better glycaemic control, or.
- the WPH which are capable of increasing glucose uptake in 5 target tissues lead to better glycaemic control.

The above is especially beneficial for those who need to control blood glucose levels e.g. those suffering from Type 2 diabetes. It also helps to prevent the deterioration of people who have 10 glucose intolerance and so lessen the chances of them developing Type 2 diabetes. Furthermore, this has also been found to provide other advantages including; improved mental performance and/or a sustained feeling of energy and/or being less likely to feel irritable, in the post-prandial period.

15

"The term "comprising" is meant not to be limiting to any subsequently stated elements but rather to encompass non-specified elements of major or minor functional importance. In other words the listed steps, elements or options need not be 20 exhaustive. Whenever the words "including" or "having" are used, these terms are meant to be equivalent to "comprising" as defined above."

Except in the operating and comparative examples, or where 25 otherwise explicitly indicated, all numbers in this description indicating amounts of material or conditions of reaction, physical properties of materials and/or use are to be understood as modified by the word "about". All amounts are as percentages by weight unless otherwise stated. For the edible 30 compositions, all percentages are by weight based on the total weight of the composition unless otherwise stated.

DETAILED DESCRIPTIONPeptide secretion by the WPH

Cholecystokinin or "CCK" as referred to herein include all 5 peptides of the CCK family, including CCK-4, CCK-8, CCK-22, CCK-23, CCK-24, CCH-25, CCK-36, CCK-27, CCK-28, CCK-29, CCK-30, CCK-31, CCK-32, CCK-33, CCK-39, CCK-58.

Glucagon-like-peptides (GLP) and "GLP" as used herein include 10 all peptides of the GLP family including those of GLP-1 and GLP-2. GLP-1 has been found to be especially of interest because of its effect on insulin secretion.

Cellular release

15 Inducing the cellular release of the peptides as described herein refers to inducing the release thereof by suitable cells, preferably gastrointestinal cells, after the interaction of the whey protein hydrolysate (WPH) with those cells.

20 Inducing the cellular release of the peptides according to the invention can be measured *in vitro*, for example by the use of an intestinal cell line. Suitable cell lines are well known in the art. The cells used in the examples are GLUTag cells which are an L cell line from intestinal endocrine tumors arising in 25 the large bowel in proglucagon-simian virus 40 large T antigen transgenic mice. These cells are commercially available and are further described in the publication by Drucker D.J. et al (1994): Activation of proglucagon gene transcription by protein kinase A in a novel mouse enteroendocrine cell line, Mol Endocrinol 8:1646-1655.

30

Examples 1 and 2 further illustrate the *in vitro* cellular release of CCK and GLP-1. The information in these examples is incorporated by reference in this section.

5 When a subject (animal or human) ingests the claimed WPH, either by itself or as part of an edible composition, the cellular release of CCK and GLP in the body is stimulated resulting in the effects according to the invention.

10 This cellular release can also be measured *in vivo*, for example, by measuring the increase or appearance of CCK and GLP levels in the blood of that subject after consumption of the WPH or an edible composition comprising it. Suitable techniques for measuring the CCK and GLP levels in the blood are well known in the art and do not need to be further described here.

15

The WPH of the invention show cellular release of CCK and GLP-1 in the *in vitro* cellular release test of examples 1 and 2 particularly when used at a concentration of at least 5mg/ml.

20

Glucose uptake in 3T3L1 adipocytes

Stimulating glucose uptake into adipocytes as described herein refers to stimulating glucose uptake into suitable cells, preferably insulin sensitive target cells like adipocytes, muscle cells and liver cells after the interaction of the whey protein hydrolysate with those cells.

Stimulating the cellular uptake of glucose according to the invention can be measured *in vitro*, for example by the use of 30 adipocytes. Suitable cell lines are well known in the art. The cells used in the examples are 3T3L1 cells that have been differentiated into adipocytes *in vitro*. These cells are

commercially available from the American Tissue Culture Collection.

Examples 3 and 4 further illustrate the *in vitro* cellular uptake of [³H] glucose. The information in these examples is incorporated by reference in this section.

When a subject (animal or human) ingests the claimed WPH, either by itself or as part of an edible composition, the cellular uptake of blood glucose by target cells is stimulated according to the invention.

The WPH of the invention shows stimulation of glucose uptake as in the *in vitro* cellular uptake test of example 3 at a concentration of at least 100 µg/ml. In the presence of insulin as in example 3 the potency of WPH to stimulate glucose uptake increases to at least 10 µg/ml, suggesting that WPH enhances the sensitivity of the cells for insulin.

20 The Whey Protein Hydrolysate

The terms "whey protein hydrolysate which is capable of inducing the cellular release of glucagon-like-peptides and cholecystokinins", and "WPH" as used herein include all of the following; a single whey protein hydrolysate which induces the cellular release of both the aforementioned peptides, a mixture thereof, a mixture of two or more whey proteins hydrolysates wherein the mixture induces the cellular release of both peptides even if at least one of the components induces the cellular release of only one of the peptides. The same comments apply for the increasing glucose uptake in target tissues. References herein to WPH are used to refer to both the singular and the plural use of whey protein hydrolysate as described above.

The WPH may comprise any whey protein which has been hydrolysed and which is capable of inducing the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing 5 glucose uptake in target tissues.

Suitable methods of hydrolysis of the whey protein include chemical methods (for example by acid hydrolysation) or enzymatical methods (including peptidases and bacterial or 10 plant proteases) or by treatment with bacterial cultures.

Examples of suitable enzymes which can be used to hydrolyse a whey protein include pepsin, trypsin and chymotrypsin.

It is especially preferred that the WPH comprises hydrolysates 15 of β -lactoglobulin or α -lactalbumin, most preferably mixtures thereof. The weight ratio of these hydrolysates in the mixture is preferably in the range of from 5:1 to 1:5, more preferably 4:1 to 1:4, such as 3.5:1 to 1:2.

20 One particular WPH which may be used according to the invention comprises from 5 to 20% by weight of aspartic acid, 10 to 25% by weight of leucine, 5 to 20% by weight of lysine and 10 to 32 % by weight of glutamic acids.

25 The WPH may have a degree of hydrolysis in the range of up to 20%, preferably of from 1 to 15% or 20%, more preferably of from 2 to 10%, such as 5 to 9%. The degree of hydrolysis is determined by OPA methodology (Lee KS, Drescher DG., Fluorometric amino-acid analysis with o-phthaldialdehyde (OPA),
30 Int. J. Biochem. 1978; 9(7): 457-467).

The WPH preferably has a weight average molecular weight in the range of from about 1000 Dalton to 12000 Dalton, preferably of

from 2000 Dalton to 8000 Dalton. It is preferred that 4 to 40% by weight, more preferably 10 to 30% of the WPH has a weight average molecular weight in the range of from 2000 to 5000 Daltons and/or 1 to 30% by weight, more preferably 2 to 20 % of 5 the WPH has a weight average molecular weight in the range of from 5000 to 10000 Daltons.

The WPH preferably have a pH in the range of from 6 to 9 at 20°C in a 10 mg/ml solution in de-ionised water, more 10 preferably of from 6.5 to 8.

The WPH which may be used according to the invention are known in the art and are commercially available. A description for one method to obtain suitable WPH is described in WO 01/85984 15 A1. A suitable commercially available source of the WPH is the Biozate™ whey protein hydrolysate products from Davisco Foods Inc, Minnesota, USA. The product designated "Biozate™ 1" has been found to be especially suitable.

20 The WPH is used in the preparation of edible compositions. The term "preparation" as used herein includes all suitable techniques of producing edible compositions, for example, mixing, blending, homogenising, high-pressure homogenising, emulsifying, dispersing, or encapsulating. The WPH may be 25 included in the edible composition by any suitable method known in the art and these methods will depend upon the type of edible composition.

The WPH may be micro-filtered or ion-exchanged (either as the 30 hydrolysate or as the parent protein). It may be enhanced with glutamine, alanine, cystine and branched chain amino acids.

Method of administering the WPH

The invention also provides a method for the regulation of blood glucose levels by orally administering an effective amount of the WPH.

5

The total effective amount of WPH administered according to the method may vary according to the needs of the person to whom it is administered. Typically total amounts of from 0.1g to 150g will be administered, preferably 1g to 80g, more preferably 5g 10 to 50g. The effective daily amount may be administered by a single dose or by multiple doses daily.

The WPH may be administered to a human or animal subject in any suitable form, for example as a capsule, tablet, solution, or, 15 preferably as an edible food composition as described herein including bar products, beverage products and liquid products such as ready-to-drink products.

The Edible Composition

20 The edible composition may be in the form of a nutritional supplement (such as a tablet, powder, capsule or liquid product), a food composition (product), a beverage, or a meal replacement product.

25 A nutritional supplement as used herein refers to a composition or supplement which provides at least one beneficial agent such as vitamins, minerals, trace elements, the WPH etc and which is intended to supplement the amount of such agents obtained through normal dietary intake. These compositions or 30 supplements do not generally contain a significant amount of calories, protein, carbohydrate or fat. They are not intended to be taken as a food but rather as a supplement to the daily diet.

A food composition according to the invention may be any food which can be formulated to comprise the WPH. Preferably it contains a total of at least 5 % by weight of at least one of 5 protein, fat, and carbohydrate or a mixture thereof or has a calorie content of at least 10 kilocalories per serving or 100g, preferably of at least 20 kilocalories. A food composition does not encompass nutritional supplements as described above.

10

Food compositions according to any aspect of the invention may suitably be selected from dairy based products (such as milk based products and drinks), soy based products, breads and cereal based products (including pasta and cereal bars), cakes, 15 biscuits, spreads, oil-in-water emulsions (such as dressings, ketchup and mayonnaise), ice creams, desserts, soups, powdered soup concentrates, sauces, powdered sauce concentrates, beverages, sport drinks, health bars, fruit juices, confectionery, snack foods, ready-to-eat meal products, pre- 20 packed meal products, and dried meal products etc.

A meal replacement product as used herein refers to a product which is intended to replace one or more conventional meals a day; they are of a controlled calorie content and are generally 25 eaten as a single product. However several such products may be eaten together. Examples of meal replacement products and products to be used as part of a meal replacement plan include; (ready-to-drink) liquid products such as milk or soya-based drinks, soluble powders used to prepare those drinks and drinks 30 prepared therefrom, bars, soups, cereal or noodle or pasta-based products, desserts such as rice puddings, custards and the like and porridge and the like. Meal replacement products

are generally used by consumers following a calorie controlled diet or wishing to control their body weight.

Meal replacement products and products to be used as a part of
5 a meal replacement plan are especially preferred according to
the invention. They have been found to be especially suitable
as they can provide good satiety effects combined with
restricted calorie content in a convenient form. It is
especially preferred that the meal replacement product is a
10 ready-to-drink liquids, a soluble powder used to prepare
drinks, a liquid produced therefrom, a soup, a dessert, a bar,
a cereal based or pasta based or noodle based product, or, a
soluble powdered product.

15 The edible composition may be for example; a solid product, a
powdered product, a tablet, a capsule, a liquid, a flowable,
spoonable, pourable or spreadable product or a bar etc. The
edible composition may be a powder which is mixed with a
liquid, such as water or milk, to produce a liquid or slurry
20 product such as a meal replacement product, or a product to be
used as part of a meal replacement plan.

The edible compositions preferably comprise a total amount of
from 0.1% to 80% by weight of the WPH based on the weight of
25 the composition, preferably 0.5 to 40%wt, more preferably 1 to
30%wt, most preferably 2 or 5 to 20%wt. The edible
compositions preferably comprise an amount of from 0.1 to 80%,
preferably 1 to 50%, by weight of hydrolysates of β -
lactoglobulin, α -lactalbumin or mixtures thereof based on the
30 weight of the composition.

According to one embodiment of the invention, the edible
compositions may comprise less than 20g in total per serving,

or per product where the product is used as a single serving, of the WPH whether or not the above-mentioned amounts are used.

If the edible composition is a liquid or readily flowable 5 composition, such as liquid meal replacement product or a soup, then the total amount of WPH will preferably be in the range of from 0.1 to 40 or 50% by weight, more preferably 1 to 40%wt, most preferably 2 to 30%wt based on the total weight of the composition. It is preferred that these compositions comprise 10 a total amount of from 0.1 to 40% by weight based on the weight of the composition of the WPH and 40% or less of the total calories in the edible composition are provided by the WPH.

If the edible composition is a solid composition, such as a bar 15 product, e.g. a bar meal replacement product, the amount of WPH will typically be in the range of from 0.1 to 80% by weight, preferably 0.5 to 40% by weight based on the total weight of the composition. It is especially preferred that the bar compositions comprise hydrolysates of β -lactoglobulin, α - 20 lactalbumin or a mixture thereof in a total amount of from 0.1 to 80 %wt, more preferably 1 to 10%wt, based on the weight of the composition.

The edible composition will typically comprise proteins, 25 preferably in an amount of from 0.1 to 30 or 40% by weight of the edible composition. It is preferred that the compositions comprise 0.5 to 25%wt of protein, preferably 1 to 20%wt. In the liquid or flowable compositions the protein present provides up to 50% of the total calories of the edible composition, more 30 preferably between 20 % and 50%, most preferably between 25% and 50%. For the other types of edible compositions, these amounts are preferred but are not essential.

The edible composition may comprise fats, preferably in an amount of up to 60 or 70% by weight based on the weight of the composition, more preferably from 0.5 to 30 or 35%wt, most preferably from 2 to 20% fat. Any suitable fat may be used for example, vegetable fats, plant oils, nut oils, seed oils, or mixtures thereof. Saturated or unsaturated (mono-unsaturated and poly-unsaturated) fats may be used.

The edible compositions may also comprise one or more carbohydrates, preferably in an amount of from 1 to 95% by weight based on the weight of the composition, more preferably 5 to 70%wt, most preferably 10 to 60%wt, such as 15 to 50%wt. Any suitable carbohydrate may be used, for example sucrose, lactose, glucose, fructose, corn syrup, maltodextrins, starch, modified starch or mixtures thereof.

The edible composition may also comprise dietary fibres, for example in an amount of from 0.1 to 40 or 50% by weight based on the weight of the composition, preferably 0.5 to 20%wt.

The edible composition may comprise dairy products such as milk, yoghurt, kefir, cheese or cream for example in an amount up to 70% by weight based on the weight of the composition, preferably 1 to 50%wt. Alternatively the edible composition may be soy-protein based used in the same amounts. The inclusion of these ingredients will be chosen so that the desired amount of protein, fat and carbohydrates etc are included in the edible composition.

The edible composition may comprise one or more emulsifiers. Any suitable emulsifier may be used, for example lecithins, egg yolk, egg-derived emulsifiers, diacetyl tartaric esters of mono, di or tri-glycerides or mono, di, or triglycerides. The

composition may comprise of from 0.05 to 10% by weight, preferably from 0.5% to 5%wt of the emulsifier based on the weight of the composition.

5 The edible composition may also comprise stabilisers. Any suitable stabiliser may be used, for example starches, modified starches, gums, pectins or gelatins. The composition may comprise of from 0.01 to 10% by weight, preferably 1 to 5%wt of stabiliser based on the weight of the composition.

10

The edible composition may comprise up to 60% by weight of fruit or vegetables particles, concentrates, juice or puree based on the weight of the edible composition. Preferably the compositions comprise 0.1 to 40%wt, more preferably 1 to 20%wt 15 of these ingredients. The amount of these ingredients will depend upon the type of edible composition; for example soups will typically comprise higher levels of vegetables than will a milk based meal replacement drink.

20 The edible composition may also comprise 0.1 to 30% by weight of salts based on the weight of the composition, preferably 0.5 to 15%wt, more preferably from 3 to 8%wt. Any edible salts may be used, for example, sodium chloride, potassium chloride, alkali metal or alkaline earth metal salts of citric acid, 25 lactic acid, benzoic acid, ascorbic acid, or, mixtures thereof.

The edible composition may comprise one or more cholesterol lowering agents in conventional amounts. Any suitable, known, cholesterol lowering agent may be used, for example 30 isoflavones, phytosterols, soy bean extracts, fish oil extracts, tea leaf extracts.

The edible composition may comprise up to 10 or 20% by weight, based on the weight of the composition, of minor ingredients selected from added vitamins, added minerals, herbs, spices, flavourings, aromas, antioxidants, colourants, preservatives or mixtures thereof. Preferably the compositions comprise of from 0.5 to 15% by weight, more preferably 2 to 10% of these ingredients. It is especially preferred that the compositions comprise added vitamins and minerals. These may be added by the use of vitamin premixes, mineral premixes and mixtures thereof.

10 Alternatively the vitamins and/or minerals may be added individually. These added vitamins and/or minerals are preferably selected from at least one of vitamins A, B1, B2, B3, B5, B6, B12, C, D, E, H, K or minerals calcium, magnesium, potassium, zinc and iron.

15 The amounts of protein, fat, carbohydrate and other ingredients in the edible composition will vary according to the product format of the composition and also, where required, according to national or regional legislation.

20 If the edible composition is a meal replacement product then the calorie content of the product is preferably in the range of from 50 calories to 600 calories, more preferably 100 calories to 500 calories, most preferably 200 calories to 400

25 calories.

The compositions may be made by any suitable method known in the art; such methods are well known to those skilled in the art and do not need to be described further here.

30 The edible compositions are intended for oral consumption and may be consumed by a human or an animal in connection with any one or more of the following; to regulate blood glucose levels

including for maintaining or improving mental performance, and/or for providing a sustained feeling of energy and/or for maintaining or providing a feeling of well-being during the post-prandial period in a subject consuming the composition.

5 A nutrient as referred to herein may be any component of a food product from which the consumer derives physiological benefit. Examples include macro-nutrients such as carbohydrates, fats and proteins or micro-nutrients such as vitamins, minerals, and 10 trace elements. Fibres, although not absorbed by the body, are considered herein as nutrients. Water, although it provides a benefit to the body, is not considered as a nutrient.

The consumption of a composition comprising the WPH according 15 to the invention may occur as part of a programme followed on medical advice or upon the desire of a consumer. The compositions are preferably used as part of a dietary plan or a weight management plan. In the latter case, the consumer may be seeking a composition which will help in the regulation of 20 blood glucose levels and help to avoid peaks and troughs therein which generally occur during the day for most people, for example to maintain energy levels. A dietary plan. As referred to herein is a plan followed by those who are not following the plan for the purpose of controlling body weight. 25 A weight management programme is one followed by those for the purpose of controlling body weight.

It is especially advantageous if the composition is a meal replacement composition that is intended to be used as part of 30 a weight control plan, as glucose tolerance improves when a subject loses weight or maintains a healthy body weight.

Another advantage of the present invention is that aids in blood glucose regulation through edible food compositions rather than needing to be provided as a medication.

5 The invention is further described by way of the following examples which are to be understood as not limiting. Further examples within the scope of the invention will be apparent to the person skilled in the art.

10 EXAMPLES

Examples 1 and 2: Stimulated release of GLP 1 and CCK in cultured GLUTag cells

15 1. Materials

a) Whey Protein Hydrolysate:

The whey protein hydrolysate used was BiozateTM 1 which is a commercially available material from Davisco Foods

20 International Inc., Le Sueur, Minnesota, U.S.A. BiozateTM 1 comprises a mixture of hydrolysed β -lactoglobulin and α -lactalbumin.

The technical specification of BiozateTM 1 is given below. The 25 pH is 8.0. The degree of hydrolysis, as measured by the OPA method referred to hereunder, is 5.5 +/- 1.5. The molecular weight profile (Daltons) is: 30 to 45% greater than 10,000, 7 to 12% in the range 5000 to 10000, 15 to 25% in the range 2000 to 5000, 30-45% less than 2000 as measured by SEC-HPLC.

30

b) GLUTag cells:

The GLUTag cells were obtained under license from Toronto General Hospital, Toronto, Canada. GLUTag cells are an L cell line from intestinal endocrine tumors arising in the large

bowel in proglucagon-simian virus 40 large T antigen transgenic mice. These cells are further described in the publication by Drucker D.J. et al (1994): Activation of proglucagon gene transcription by protein kinase A in a novel mouse
5 enterendocrine cell line. Mol Endocrinol 8:1646-1655.

c) Materials for cell culture:

Dulbecco's Modified Eagles Medium (DMEM) and foetal bovine serum (FBS) were obtained from Invitrogen Ltd (Paisley,
10 Scotland, UK).

2. Method

GLUTag cells were grown during incubation at 37°C in DMEM containing 10% (vol/vol) FBS. The medium was changed every 3 to
15 4 days until cell confluence was achieved. The cells were then trypsinized, plated in 24-well cultures plates (0.5 X 10⁵ cells/well) and the plates were stored under the same incubation conditions as described above. After 3 days storage the cells were washed twice with DMEM containing 0.5% (vol/vol)
20 FBS and then, to four series (A to D) of 3 wells, different amounts of Biozate™ 1 were added as detailed below. Thus, each series was prepared in triplicate. A control sample which did not have any added Biozate™ 1 was also prepared in triplicate.

25 Series A - 0.5 mg/ml Biozate™ 1
Series B - 3 mg/ml Biozate™ 1
Series C - 5 mg/ml Biozate™ 1
Series D - 10 mg/ml Biozate™ 1

30 The plates were incubated as detailed above and after 1 hour incubation an aliquot was taken from each plate to measure CCK

release. A further aliquot was taken from each plate after 2 hours incubation to measure GLP-1 release. The aliquots were treated as detailed below before being tested to determine CCK or GLP-1 release.

5

The aliquots were collected and 50 μ g/ml phenylmethanesulfonyl fluoride (PMSF) was added thereto. The aliquots were frozen at -80°C for subsequent analysis for CCK and GLP-1 secretion. The aliquots were defrosted and centrifuged (5000g) to remove cell 10 debris. The CCK and GLP-1 release from the GLUTag cells was then tested.

CCK release was measured using a commercial enzyme immunoassay kit (from Phoenix Pharmaceuticals, Belmont, California, USA) 15 which measures CCK 26-33 non-sulfated and sulfated. According to the test kit specifications, the intra-assay variation is <5% and the inter-assay variation is <14%.

GLP-1 release was measured using a commercial ELISA kit (from 20 Linco Research Inc., St Charles, MO, USA). This kit measures biologically active forms of GLP-1 [i.e. GLP-1 (7-36 amide) and GLP-1 (7-37)]. Prior to measuring GLP-1 release, the aliquots were diluted 1 parts to 10 parts with DMEM containing 0.5% (vol/vol) FBS to bring the GLP-1 concentration within the 25 standard detection range of the ELISA kit.

Figure 1 shows the concentration of GLP-1 secreted from GLUTag cells into the media after 2 hours incubation at 37°C with the Biozate™ 1.

30

Figure 2 shows the concentration of CCK secreted from GLUTag cells into the media after 1 hour incubation at 37°C with Biozate™ 1.

5 On both figures 1 and 2, the x axis shows the series and the concentration of Biozate™ 1 used. The y axes of figures 1 and 2 show the concentration of GLP-1 or CCK secreted from GLUTag cells into the media after incubation. For figure 1 the concentration is expressed in pico moles per litre (10^{-12} M) and 10 for figure 2 in nanograms/ml.

Cell viability was positively determined using the CytoTox 96^R non-radioactive cytotoxicity assay (Promega, Madison, USA) in order to prove that peptide release was not due to cell death.

15

From the results in figures 1 and 2, it can be seen that the whey protein hydrolysate used (a mixture of β -lactoglobulin and α -lactalbumin hydrolysates) results in the release of both GLP-1 and CCK from the GLUTag cells into the media.

20

Example 3 - 3H-Deoxy-glucose uptake in 3T3L1 adipocytes at 0 and 1 nM levels of insulin.

1. Materials

25 a) Whey Protein Hydrolysate:

The whey protein hydrolysate used was Biozate™ 1 as detailed for examples 1 and 2. Biozate™ 1 was prepared by dissolving it in serum-free assay medium at a concentration of 10 mg/ml. From this 6 further dilutions were prepared, each 10 times more 30 dilute than the previous one.

b) 3T3L1 cells:

Mouse embryo derived 3T3L1 cells (CL-173, sourced from American Tissue Culture Collection) were used.

5 c) Materials for cell culture:

Assay medium : Dulbecco's Modified Eagles Medium (DMEM) and foetal bovine serum (FBS) were obtained from Invitrogen Ltd (Paisley, Scotland, UK). DMEM was supplemented with 10% foetal calf serum, 2 mM L-glutamine and 1% penicillin & streptomycin.

10

A serum-free assay medium was prepared (SFAM) by supplementing DMEM with 2 mM L-glutamine and 1% penicillin & streptomycin.

15 A differentiation medium (DM) was prepared by supplementing the assay medium with 250 nM dexamethasone, 5 µg/ml insulin and 0.5 mM 3-isobutyl-1-methylxanthine (IBMX).

A post-differentiation medium (PDM) was prepared by supplementing the assay medium with 5 µg/ml insulin.

20

Krebbs - Ringer phosphate buffer = 13.6 mM NaCl, 4.7 mM KCl, 1.25 mM CaCl₂, 1.25 mM Mg₂SO₄, 10 mM Na₂HPO₄.

Phosphate buffered saline (PBS)

25

2. Methods

30 The mouse embryo derived 3T3L1 cells were cultured in AM routinely, with medium changes every 2-3 days. The cells were grown to 95% confluence, ensuring that the cultures did not become overfluent. At near confluence the cells were prepared for subculture into multi-well plates for experimentation or new flasks for continual passage.

For subculture, the AM was removed and discarded from the flasks. The cells are rinsed briefly with 2-3 ml of Trypsin/EDTA to remove all traces of serum. 5 ml of Trypsin/EDTA was then added to the flasks to raise the cells 5 from the surface of the plastic. The cells were observed under an inverted microscope until the cells were dispersed (usually within 5 minutes, however the flasks were, where necessary, placed in an incubator at 37°C for several more minutes to facilitate dispersal). Once all the cells had been raised from 10 the flasks the trypsin/EDTA solution was neutralised by the addition of 5 ml of trypsin neutralising solution or AM. The cells were then transferred to centrifuge/universal tubes and centrifuged at 2500 r.p.m. for 3 minutes, the supernatant aspirated carefully, the cells re-suspended and washed in PBS 15 at 37°C and centrifuged once again. The PBS was aspirated carefully and the cells re-suspended in 10 ml of AM. The cells were then counted, diluted with AM and transferred to 48-well plates at concentrations of 25-30,000 cells/ml. The cells were then left untreated in the multi-well plates for 24 hours to 20 allow the cells to adhere to the plastic.

The cells are then allowed to grow to near confluence in AM, for about 2 days. After this the medium was aspirated and replaced with DM, and maintained for a further 3 days. After 25 three days the medium was changed to PDM for a further 2 days. At this stage the 3T3L1 cells were differentiated to adipocyte like morphology and had lipid droplets formed within the cells. These differentiated cells were then treated with the different concentrations of Biozate™ 1 for 3 days as detailed below:

Series A - 100 µg/ml Biozate™ 1

Series B - 10 µg /ml Biozate™ 1

Series C - 1 µg/ml BiozateTM 1
Series D - 100 ng/ml BiozateTM 1
Series E - 10 ng/ml BiozateTM 1
Series F - 1 ng/ml BiozateTM 1
5 Series G - 100 pg/ml BiozateTM 1

After the 3 day treatment the cells were washed three times with SFAM and left in 250µl of Krebbs buffer for 30 minutes in a incubator at 37°C. Radioactively labelled glucose (3H-deoxy 10 glucose) was added to the cells (2.5 µCi/well) and the cells incubated for another hour. The cells were then washed three times with ice cold SFAM. The cells were then lysed with 500 µl/well of warmed 0.1 %wt Triton X-100 for one hour.

15 100 µl of lysate from each of the wells was counted by liquid scintillation counting to assess the amount of radio-labelled glucose taken up by the adipocytes. The washes were also counted to ensure that most of the unincorporated radio-labelled glucose was removed from the multi-well plates before 20 the adipocytes were lysed.

The results represent the mean values of ³H-DPM (decays per minute) and the sample standard deviations for each of the 25 treatments applied in this experiment. Each treatment was tested in triplicate. The results are given in figures 3 and 4 and are shown graphically in Table 1. Figure 3 shows the effect of the whey protein hydrolysate on glucose uptake in 3T3L1 adipocytes with insulin present and Figure 4 shows the effect 30 on glucose uptake in 3T3L1 adipocytes without insulin present.

The results show that the claimed whey protein hydrolysates do improve the uptake of glucose in fully differentiated 3T3L1

adipocytes. With the 100 and 10 μ g/ml treatments applied in AM supplemented 1 nM insulin, the results indicate 22.27% and 16.70% increase in glucose uptake compared to the experimental controls.

5

With similar treatments applied in AM without insulin only the 100 μ g/ml concentration of BiozateTM 1 indicates increased glucose uptake (31.56%) compared to its experimental control. The above demonstrates that the incubation with the WPH 10 enhances the ability of T₃T adipocytes to take up (³H) glucose. Moreover, in the presence of insulin, the WPH is more effective in stimulating glucose uptake, suggesting that the WPH enhances glucose uptake by sensitising the cells for insulin.

15

Food composition examples

Examples 4 to 6 are of different food compositions that may be used according to the invention.

5

Example 4 - meal replacement bar product

A meal replacement bar product comprising WPH may be prepared according to the formulation below.

Ingredient	Percentage by weight
Honey	16.0
Sucrose	10.0
Biozate™ 1 (WPH)	13.0
Whey protein	13.0
Chopped dried fruit and nuts	10.0
Soy flour	5.0
Peanut butter	5.0
Maltodextrin	4.0
Oats	6.0
Bran fibre	2.0
Flavourings	2.0
Vitamin / mineral premix	2.0
Chocolate flavoured coating	to 100 %wt

10

The bar is made by thoroughly mixing together the honey and corn syrup with the peanut butter. The remaining ingredients except the chocolate flavoured coating are added and the mixture is further mixed and formed into a bar shape. To coat 15 it the bar is passed through a curtain of molten chocolate flavoured coating or may be dipped in such a molten coating. The bar is allowed to cool to solidify the coating.

Example 5 - ready to drink liquid meal replacement product

A meal replacement ready to drink liquid comprising WPH may be prepared according to the formulation below.

Ingredient	Percentage by weight
Water	75.5
Sucrose	2.0
Biozate™ 1 (WPH)	5.0
Skimmed milk solids	2.0
High fructose corn syrup	8.0
Carageenan gum	1.0
Vegetable oil	2.0
Caramel flavouring	1.5
Colourings, other flavourings	1.0
Vitamin / mineral premix	2.0

5

The ingredients were added to the water and the composition was mixed until an homogenous product was obtained.

Example 6 - ice tea product

An ice tea product comprising WPH may be prepared according to the formulation below. The tea may be made by mixing the ingredients together, with stirring, until a substantially homogenous product is obtained. The product may be cooled as desired.

Ingredient	Percentage by weight
Maltodextrin	39.4
Tea powder	9.0
Aspartame	2.5
Peach flavour	3.6
N&A apricot flavour	1.2
Citric acid	9.0
Magnesium oxide	0.2
Biozate™ 1	10.0
Vitamin premix	0.3
Calcium lactate	23.2
Water	to 100 %wt

Claims

1. The use of a whey protein hydrolysate in an edible composition the whey protein hydrolysate being able to induce the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues, wherein the whey protein hydrolysate regulates blood glucose levels or results in, or is used for, improving or preventing decline in mental performance and/or for providing a sustained feeling of energy and/or for maintaining or providing a feeling of well-being during the post-prandial period in a subject consuming the composition.
2. The use according to claim 1, wherein the whey protein hydrolysate comprises hydrolysates of β -lactoglobulin, α -lactalbumin or a mixture thereof.
3. The use according to either of claims 1 or 2, wherein the whey protein hydrolysate has a degree of hydrolysis in the range of from 1 to 20%.
4. The use according to any one of the preceding claims, wherein the whey protein hydrolysate is used in a total amount of from 0.1% to 80% by weight based on the weight of the composition, preferably from 1 to 30% by weight.
5. The use according to any one of the preceding claims, wherein the edible composition is a meal replacement product or a product to be used as part of a meal replacement diet plan.

6. The use according to claim 5, wherein the meal replacement product or product to be used as part of a meal replacement diet plan is a ready to drink liquid, a liquid produced from a soluble powdered product, a soup, a dessert, a bar, a cereal based or pasta based or noodle based product, or, a soluble powdered product.
7. The use according to any one of the preceding claims, wherein the edible composition is used as part of a dietary plan or a weight management programme.
8. A method of regulating blood glucose levels, improving or preventing decline in mental performance, providing a sustained feeling of energy or maintaining or providing a feeling of well-being during the post-prandial period, which method comprises the step of orally administering to a subject by means of an edible composition an effective amount of a whey protein hydrolysate which is capable of inducing the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues.
9. The method according to claim 8, wherein the whey protein hydrolysate is administered by means of an edible composition.
10. The method according to either of claims 8 or 9, wherein the edible composition comprises a total amount of from 0.1% to 80% by weight based on the weight of the composition of the whey protein hydrolysate, preferably from 1 to 30% by weight.

11. The method according to any one of claims 8 to 10 wherein the whey protein hydrolysate comprises hydrolysates of β -lactoglobulin, α -lactalbumin or a mixture thereof.
12. The use or method according to any one of the preceding claims, wherein the edible composition is selected from dairy based products, soy based products, breads and cereal based products, cakes, biscuits, spreads, oil-in-water emulsions, ice creams, desserts, soups, powdered soup concentrates, sauces, powdered sauce concentrates, beverages, sport drinks, health bars, fruit juices, confectionery, snack foods, ready-to-eat meal products, pre-packed meal products or dried meal products.
13. The use or method according to claim 12, wherein the composition is a meal replacement product or a product to be used as part of a meal replacement diet plan.

Fig. 1: Stimulated Release of GLP-1

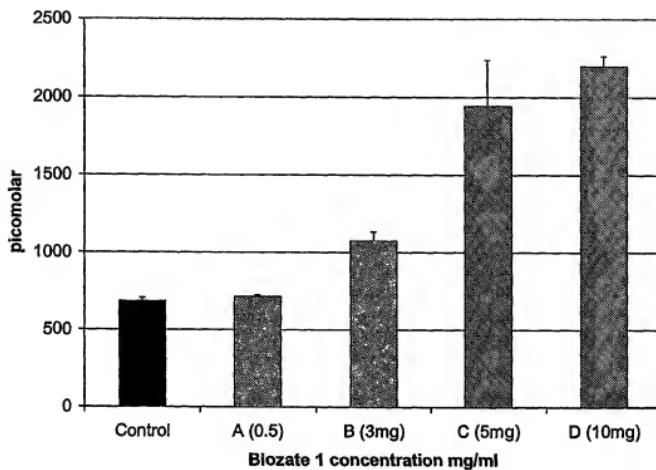


Fig. 2: Stimulated Release of CCK

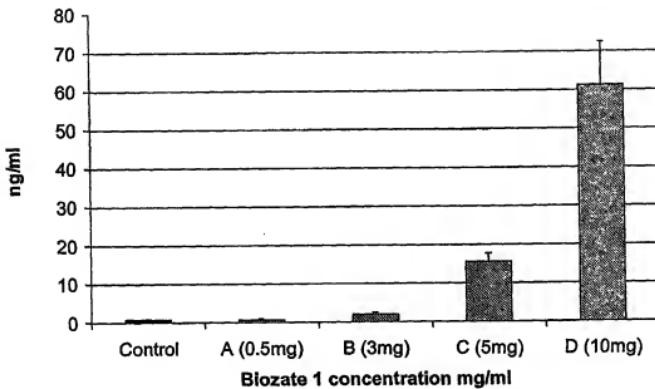


Fig. 3: glucose uptake in 3T3L1 adipocytes with insulin present

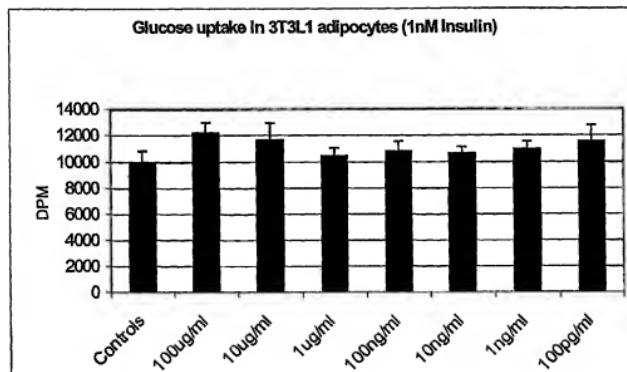
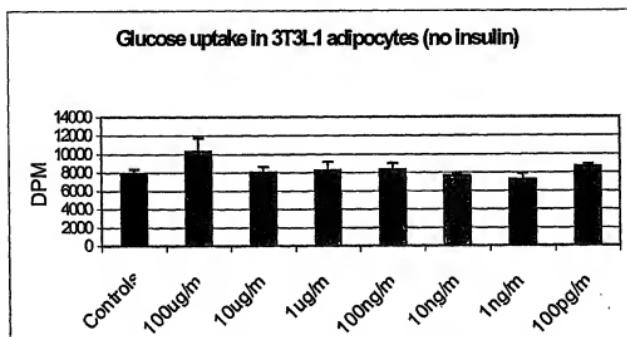


Fig. 4: glucose uptake in 3T3L1 adipocytes without insulin



INTERNATIONAL SEARCH REPORT

International Application No
PCT/EP 03/12030A. CLASSIFICATION OF SUBJECT MATTER
IPC 7 A23L1/305

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)
IPC 7 A23L

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the International search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, FSTA, BIOSIS, EMBASE

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	WO 01 37850 A (GREMLICH SANDRINE ;NEESER JEAN RICHARD (CH); NESTLE SA (CH); MACE) 31 May 2001 (2001-05-31) cited in the application the whole document	1-13
X	US 2002/037830 A1 (BERTHELSEN JORN HAVSKOV ET AL) 28 March 2002 (2002-03-28) cited in the application paragraph '0019! - paragraph '0024!; claims	1-13
X	EP 1 112 693 A (QUEST INT) 4 July 2001 (2001-07-04) paragraphs '0003!,'0014!; table 1	1-13
	-/-	

 Further documents are listed in the continuation of box C. Patent family members are listed in annex.

* Special categories of cited documents :

- "A" document defining the general state of the art which is not considered to be of particular relevance
- "E" earlier document but published on or after the International filing date
- "L" document which may throw doubt on priority, claim(s) or which is cited to establish the publication date of another document on special reason (as specified)
- "O" document referring to an oral disclosure, use, exhibition or other means
- "P" document published prior to the International filing date but later than the priority date claimed

* "I" later document published after the International filing date of priority which cannot be considered to be of particular relevance but cited to understand this principle or theory underlying the invention

* "X" document of particular relevance; the claimed invention cannot be considered to involve an inventive step or can be considered to involve an inventive step when the document is taken alone

* "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.

* "a" document member of the same patent family

Date of the actual completion of the International search	Date of mailing of the International search report
17 March 2004	30/03/2004
Name and mailing address of the ISA European Patent Office, P.O. 5618 Patentlan 2 NL - 2280 HV Rijswijk Tel. (+31-70) 340-2040, Tx. 31 651 apo nl, Fax: (+31-70) 340-3016	Authorized officer Lepretre, F

INTERNATIONAL SEARCH REPORT

International Application No
PCT/EP 03/12030

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US 6 207 638 B1 (PORTMAN ROBERT) 27 March 2001 (2001-03-27) cited in the application claims	1-13
A	DATABASE WPI Section Ch, Week 199227 Derwent Publications Ltd., London, GB; Class B04, AN 1992-223434 XP002242953 & JP 04 149139 A (NIPPON STEEL CORP), 22 May 1992 (1992-05-22) abstract	1-13
A	EP 0 629 350 A (SANDOZ NUTRITION LTD) 21 December 1994 (1994-12-21)	
A	AOYAMA T ET AL: "EFFECT OF SOY AND MILK WHEY PROTEIN ISOLATES AND THEIR HYDROLYSATES ON WEIGHT REDUCTION IN GENETICALLY OBESE MICE" BIOSCIENCE BIOTECHNOLOGY BIOCHEMISTRY, JAPAN SOC. FOR BIOSCIENCE, BIOTECHNOLOGY AND AGROCHEM. TOKYO, JP, vol. 64, no. 12, December 2000 (2000-12), pages 2594-2600, XP001109501 ISSN: 0916-8451	

INTERNATIONAL SEARCH REPORTInternational application No.
PCT/EP 03/12030**Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)**

This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely:
Although claims 8-13 are directed to a method of treatment of the human/animal body, the search has been carried out and based on the alleged effects of the compound/composition.
2. Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
3. Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this International application, as follows:

1. As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2. As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3. As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:
4. No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

The additional search fees were accompanied by the applicant's protest.
 No protest accompanied the payment of additional search fees.

INTERNATIONAL SEARCH REPORT

Information on patent family members

International Application No

PCT/EP 03/12030

Patent document cited in search report		Publication date		Patent family member(s)		Publication date
WO 0137850	A	31-05-2001	AU WO EP US	1516301 A 0137850 A2 1235585 A2 2003004095 A1	04-06-2001 31-05-2001 04-09-2002 02-01-2003	
US 2002037830	A1	28-03-2002	AU CA WO EP JP KR NO US	2633997 A 2251916 A1 9739641 A1 0967892 A1 2000509267 T 2000005545 A 984859 A 2003022817 A1	12-11-1997 30-10-1997 30-10-1997 05-01-2000 25-07-2000 25-01-2000 16-12-1998 30-01-2003	
EP 1112693	A	04-07-2001	EP US	1112693 A1 2001031729 A1	04-07-2001 18-10-2001	
US 6207638	B1	27-03-2001	AU CA EP JP WO US US US US	4176201 A 2400312 A1 1259112 A1 2003523368 T 0162086 A1 2003008810 A1 6468962 B1 2001021694 A1 2002019334 A1	03-09-2001 30-08-2001 27-11-2002 05-08-2003 30-08-2001 09-01-2003 22-10-2002 13-09-2001 14-02-2002	
JP 4149139	A	22-05-1992	NONE			
EP 0629350	A	21-12-1994	AU CA EP JP	6471494 A 2125793 A1 0629350 A1 7101873 A	22-12-1994 17-12-1994 21-12-1994 18-04-1995	

